



# HUB ADVISORY

## Holiday Lunches:

**Lunch Grand Rapids Terminal**—Wednesday, December 19th—Noon

**Lunch Lansing Terminal**—Monday, December 17th—Noon

**Lunch Tipp City Terminal**— Friday, December 21st—Noon

**Christmas Warm-up: Galesburg**, Monday, December 17th 7am—2pm.  
Serving Breakfast and Lunch: **NTB Target Office.**

**Christmas Warm-up: Newport**, Wednesday, December 19th 11am—4pm  
AND Thursday, December 20th, 7am—2pm. Serving breakfast and lunch:  
**Newport Marathon—lower level**

### Driver Notes

This note was received from a veteran driver on the glider units and performance:

With the A/C season ending, fuel mileage is rising, with the use of my Pro-heat, and checking my tire PSI weekly. The ISM engine is pulling good and breaking in well. I've had to add NO oil and it has 73,800 miles. I'm happy with the performance and the excellent ride. Looking forward to how the super singles perform on snow. Thanks!

We'd like to hear your feedback on the glider tractors as well!

Thanks,

Dave Birge



The current Nationwide Threat Level Remains: **Yellow-Elevated: There is a significant Risk of Terrorist Attacks**

### Lost & Found

**Found**—A prepaid phone card was found at M161; this card is used for minutes for a prepaid phone. If you have lost such a card recently and can describe it, please contact Jason”.

Come and join in the Christmas celebration. NTB will be providing lunches at all Terminals during the day time (noon) as well as a specific time during the night shift. In addition, a Christmas Warm-up will take place in Galesburg and Newport. Joel will be serving breakfast and Chili with the works during the day time hours. If you have the opportunity to stop in at one (or all locations), please join in the celebration.



**Driver Notes** from Alan Netherby – veteran Tipp City driver:

### Regarding the new trailers with the Holland Mark V trailer legs:

So much easier to use and more functional than any other leg on any trailer we own. High range is HIGH, and Low is LOW. A significant difference in the two speeds. The fast high range is much appreciated when it's 33 degrees and raining.

The grab handle, line it up with the shaft, drive it home, and you are in high gear. Much nicer than all the steps with the older systems

The design is intuitive. Turn the crank right and the legs goes up. Turn the crank left, and the legs go down.

Good legs, they make my life easier. Thanks for your time.



December 5, 2007

## Holiday Hours for Maintenance Shops

**Lansing:** The shop in Lansing will close at 1800 Christmas Eve and reopen at 1800 Christmas Day.

New Years Eve & day we will operate as normal.

Merry Christmas, NALT Maint.

### Tipp City:

The shop will be open on the 24<sup>th</sup> of December until all units are out and under way approx. 18:00. We will be closed for the remainder of the evening then reopen on the 25<sup>th</sup> of December at 21:00 to start getting ready for drivers coming back to work. The 31<sup>st</sup> we will be open as normal.

Merry Christmas, NATI Maint.

## Flagstar Bank Scam—BEWARE

**GRAND RAPIDS** -- Sarah Winters' answering machine captured a call two weeks ago that she kept.

"Hello. This is an official notification from Flagstar Bank informing you that your payment and transfer services are expired and need to be renewed immediately." She's not a Flagstar Bank customer, and she received another phone call Monday morning. The automated voice told Winters she had until midnight to call back, or else.

"It was most threatening," she told 24 Hour News 8. "If you don't take action -- they were threatening me."

Flagstar Bank officials told 24 Hour News 8 these are bogus computer-generated calls directing recipients to an **illegitimate Web site - flagstarservices.com.**

Flagstar is tracking down the Web site's origination, and plans to have it shut down soon.

Thanks to Debbi Wollard for this info

## Anniversary Dates:

| Name             | Date  | Yrs |
|------------------|-------|-----|
| Daniel Laine     | 12-6  | 5   |
| Jeff Osborne     | 12-7  | 6   |
| Shaun Stephens   | 12-7  | 6   |
| Dennis Meloche   | 12-19 | 1   |
| Roger Thelen     | 12-11 | 3   |
| Terry McCullough | 12-15 | 1   |
| Mike Bray        | 12-18 | 10  |

## Great Places to Eat on the Road—TROY, OH

BEST MEXICAN FOOD!



## Driver's Corner

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Please keep the following employees in your thoughts and prayers as they deal with personal or family health issues or the loss of family or friends:

Tom McKenzie Gary Nickell  
Christina Hershey Russ Phillips  
John Hill Keven Pierce  
Richard Mclemore



**Leaving trash such as tires, etc., at Nestle Purina Drop Lots is unacceptable. Supervisors and guards will be monitoring the drop lot areas. If drivers are seen leaving trash (of any sort) on Nestle Purina property, you will be asked to leave; this potentially could affect NTB's business with Nestle Purina Petcare. Thank You.**

We are looking for volunteers to work on Christmas Eve and Christmas day. If you can volunteer, please call Joel or Jason .



Congratulations to Joe Russo on the recent birth of his daughter, Katelynn Ann Russo. Katelynn was born November 7th and weighed 7lbs, 1 oz.



## Timeless Truth...

Therefore Jesus said again, "I tell you the truth, I am the gate for the sheep. I am the gate; whoever enters through me will be saved. John 10:7



## Driver Notes



### M860 Load Securement.

Gordon Smith suggested that we start securing the freight from M860-M801. He said that 2 skids of product fell over in transit from M860 today. He didn't use a load bar today because he thought it looked secure, but alas that was not the case.

### Walking Around the Block

Get out your pedometers and see if these numbers add up for you:

- ◆ The average person walks nearly three times around the globe in his or her lifetime.
- ◆ The average person walks four miles a year making up the bed.
- ◆ The Hoover Vacuum Co., says the average person walks 18 miles a year vacuuming the house.
- ◆ If you walked at a steady pace of three miles per hour nonstop day and night, it would take you almost a year to walk the equator (25,000 miles).

## PERSONNEL CHANGES IN RESOURCE MANAGEMENT

As most of you know, Jessica Cox who was the Administrative Assistant for Resource Management, left NTB to be a Mommy. Her work in supporting HR, Recruiting and Safety will be greatly missed.

The good part about this "problem" is that we are pleased to announce that Jennifer (Jennie) Kotrch has stepped in to fill this vacancy. Jennie has worked for NTB since June of 2005. Jennie started out as Payroll Clerk and then advanced to Business Office Supervisor before transferring to Resource Management.

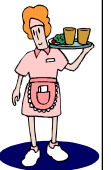
Jennie will be doing a lot of different things in this support role. She will be running our Random drug testing program, supporting Safety in many record keeping tasks, running our Worker's Comp program being the primary contact with our Insurance Company and BWC. In addition Jennie will be the HR liaison in Grand Rapids.

Jennie comes to this position with a lot of experience in Human Resources and in fact finished her Bachelors degree in Human Resources last year. We are excited about Jennie's move to this position. Please congratulate her on her career change.

## Great Places to Eat on the Road

*From Jackie Downing:*  
**CTP, Crawfordsville Truck Plaza**, Exit 34, 231 S to McDonalds, turn left.

Small restaurant with a variety and specials. They have truck parking, scales and showers!



## Riding with Pride Award



This month's Riding with Pride Award goes to outstanding driver **Kyle Kammeraad!** Thank you for the positive outlook, professional demeanor, caring attitude and NTB loyalty and dedication. Way to go **Kyle!**

Kyle was nominated for this Award by Jon McWilliams, NTB Transportation Coordinator.

## Just a Sec...

Consider these "second" hand facts:

- ◆ There are 86,400 seconds in a day
- ◆ There are 604,800 seconds in a week
- ◆ A million seconds is about 11-1/2 days
- ◆ A billion seconds is 31.7 years
- ◆ A trillion seconds is 31,688 years

**NTB WELCOMES THE FOLLOWING NEW DRIVERS:**

**Mark Kittle—NATI  
Kyle Makley—NTGA  
Chester Watts—NTGA  
Kelvin Weston—NALT**

**CONGRATULATIONS AND WELCOME TO THE NTB FAMILY!**

**We would like to take the opportunity to extend a huge THANK YOU** to all drivers, office and shop employees for making our busy season a success. With everyone's effort, our 2007 Holiday delivery success has been phenomenal! Without each and every person's individual hard work and effort, the "team" would not function as a whole. Thank you to one and all!

**INVESTMENTS: What's the best rate of Return? Stocks? Bonds? CDs or IRAS? Nothing yields a greater return on your investment than exercise.**

Regular physical activity, at least 30 minutes total every day of heart-pumping movement—improves your quality of life and can reduce your risk for heart disease, cancer, stroke, diabetes, obesity, depression, arthritis and other health problems. Even if you don't start until middle age, you'll gain about two hours of life expectancy for every hour of exercise. That's about two years longer than your couch potato counterparts. Source: The No Sweat Exercise Plan: Lose Weight, Get Healthy, Live Longer, by Harvey B. Simon, MD

**Santa Claus Around the World**

Can you match the name for Santa to its corresponding country?

- |                     |                   |
|---------------------|-------------------|
| 1. Pere Noel        | A. United Kingdom |
| 2. Babbo Natale     | B. Holland        |
| 3. Hagios Nikolaos  | C. France         |
| 4. Father Christmas | D. Greece         |
| 5. Sinterklaas      | E. Italy          |

Answers: 1C; 2E; 3D; 4A; 5B

**FUEL**

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You have probably noticed that the price of diesel fuel as well as gasoline has skyrocketed. It is more important than ever that we do everything possible to conserve fuel and try to control costs.

Fuel at terminals as often as possible and use only authorized fuel stops while on the road. This will help to save money on pricing.

Reducing idle time is one of the easiest and most effective ways of saving fuel. Long warm up periods are not necessary, just a few minutes to get the oil circulating. Be sure that your Pro Heat or other auxiliary heating unit is working properly. If not write it up and get it fixed. You should not have to idle your truck for heat.

Plan your trips, look at a map and take the shortest **PRACTICAL** route point to point. Do not run unnecessary out of route miles.

**Do what you can to control fuel costs and we all benefit!**

**SAFE STAT REPORTS**

**Our accident stats have shown some improvement on our Safe Stat Report. This is of course a good thing. Many of the recorded accidents were not our fault but unfortunately involvement is what counts not fault.**

**In analyzing our accidents, big or small, at fault or not, the most common theme is inattention. It is very easy to become distracted or inattentive. There are many things that can take your mind off of driving; listening to the radio, reading road signs, looking at scenery, being fatigued. You can never let your guard down; even a split second of inattention could lead to a disaster. Know what is around you, know where your trailer is tracking at all times.**

**STAY FOCUSED, STAY COMPLIANT, DRIVE PROTECTIVELY!**

**VEHICLE INSPECTION REPORTS**

Vehicle Inspection Reports, VIRs, are to be filled out **EVERY DAY** regardless of whether or not there are any defects or if it is your normally assigned tractor. This is company policy as well as Federal Regulation. Any safety related issues need to be addressed and corrected immediately.

With the winter weather here a good equipment inspection is even more important than ever. You want to insure that your vehicle is safe, not subject to a preventable breakdown or a customer service failure.

**Inspect, Correct and Protect!**

**ACCIDENT REPORTING**

We continue to have issues with drivers not following the proper procedures for reporting accidents. The procedures are very simple! **REPORT ALL ACCIDENTS IMMEDIATELY TO DISPATCH! IF ANOTHER VEHICLE IS INVOLVED CALL THE POLICE!** This policy must be followed regardless of fault or type of accident.

Thank you for your cooperation.

## CHANGING CONDITIONS

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We are entering the Holiday Season which brings new and additional challenges to everyone. Our deliveries to Meijer and Target Stores increase, the traffic around those stores increases and the weather begins to deteriorate.

Be patient on the roads and especially around shopping areas. More and more drivers will not be paying attention to what they are doing, increasing hazards for you. Don't lose your temper when others do something you consider stupid. Do your best to PROTECT them from their "mistakes". On the other hand, did you ever make a mistake while driving? Did someone protect you?

Winter weather also requires extra attention. Watch for changing weather conditions, snow, freezing rain, fog, ice on bridges and overpasses. Have extra warm clothes, food, and water with you. Allow extra time for trips, SLOW DOWN and INCREASE your following distance. Stay focused on your driving; don't allow yourself to become distracted or be intimidated by other drivers.

This time of year also brings out the "Frost Laws" in Michigan and some of the other northern states. These laws apply to some of the secondary roads restricting both gross allowed weights and truck speeds. We will keep you posted as to what, when, and where these laws apply as they are posted by the states and counties involved.

**Slow down, plan ahead, pay attention, be compliant and drive protectively!**

### 5 Symptoms you should never ignore:

1. **Unexplained** weight loss of 10 pounds or more.
2. **Black, tarry stools**—could be a bleeding ulcer or intestinal cancer.
3. **Severe headache with stiff neck and high fever**—possible bacterial meningitis, an infection that needs to be treated quickly with antibiotics to prevent brain damage.
4. **A sudden, excruciating headache**—although rare, this type of headache could be a brain aneurysm and needs immediate medical attention.
5. **Call 911 immediately for:**
  - ◆ **Signs of heart attack.** Chest discomfort that lasts for more than a few minutes or goes away and comes back; discomfort in one or both arms, the back, neck, jaw or stomach; shortness of breath; cold sweats, lightheadedness and nausea.
  - ◆ **Signs of stroke.** Sudden numbness or weakness in the face, arm or leg; confusion, trouble speaking or understanding; trouble seeing or walking; loss of balance; severe headache with no known cause.

**10 Years Ago, 1997:** *Titanic*, James Cameron's \$200 million epic film opens in New York City. It goes on to win 11 Academy awards (including Best Picture) and remains the highest grossing film of all time, with worldwide sales topping \$1.8 billion.

**15 Years Ago, 1992:** U.S. Military forces invade Somalia.

**20 Years Ago, 1987:** Tunneling begins on the English Channel tunnel, the "Chunnel."

**25 Years Ago, 1982:** Barney Clark becomes the first person to receive a permanent artificial heart, the Jarvik 7. He lives to 112 days with the device.

**30 Years Ago, 1977:** Saturday Night Fever is released, jumpstarting John Travolta's film career and contributing to the popularity of disco music.

**35 Years Ago, 1972:** Apollo 17, the last manned mission to the moon, is launched.

**40 Years Ago, 1967:** The Concorde supersonic passenger plane, a joint British/French venture, is unveiled in Toulouse, France. It begins commercial flights in 1976 and continues operations for 27 years ending in 2003.

**45 Years Ago, 1962:** Cuba Released the last of the 113 participants in the Bay of Pigs invasion to the United States in exchange for food worth \$53 million.

**50 Years Ago, 1957:** The first U.S. attempt to launch a satellite, the Vanguard TV3, failed when the launch vehicle blows up on the launch pad.

**100 Years Ago, 1907:** Albert Michelson becomes the first American to win the Nobel Prize for Physics, for his discoveries that the speed of light is a fundamental constant.

### 401K Open Enrollment, January 1, 2008

The deadline for enrolling in the plan or making deferral changes is December 31, 2007. Human Resources must receive your enrollment form by this date to ensure you are setup for the first payroll in January, 2008.

If you are interested in enrolling and wish to receive 401(k) information listing your investment options, please call Human Resources at 800-832-6682.

### Open Enrollment Period for Dental, Vision & Life Insurance

The month of **December** is open enrollment for the Dental, Vision and Life Insurance.

If you have any questions regarding this open enrollment period please contact Human Resources. Thank you.

### Holiday Gift Quiz:

Can you match the toy to the year when it was a top holiday seller?

- |                             |         |
|-----------------------------|---------|
| 1. Nerf ball                | A. 1983 |
| 2. Cabbage Patch Doll       | B. 1996 |
| 3. Slinky                   | C. 1945 |
| 4. Tickle Me Elmo           | D. 2006 |
| 5. Heelys<br>Shoes & Wheels | E. 1972 |

Answers: 1E; 2A; 3C; 4B; 5D

Children really brighten up a household. They never turn the lights off.  
- Ralph Bus

### Washing Your Hands

According to Dr. Chris Coulter, chief Medical Officer for Precept, a health Mgmt provider, washing your hands five to six times a day decreases your chances of getting sick by 50%. "For most people, that means washing them for 20 seconds every time you go to the bathroom, before and after meals and after taking public transportation," he says.