

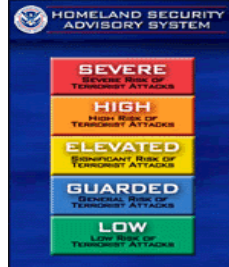
Hub Advisory



THINK BEFORE YOU MOVE!

Always think before you move your truck. Did I check my equipment properly? Is my log book current? Have I planned my time, route and fuel stops? Is there enough clearance; front, back, sides and overhead?

Once you move your truck, continue to think, never take anything for granted, and never assume. Always think before you act! Be professional, drive protectively!



The current Nationwide Threat Level Remains: **Yellow-Elevated: There is a significant Risk of Terrorist Attacks**

IMPORTANT REMINDER!

Drivers,

From time to time it becomes necessary to be reminded of some of the basic procedures that you should be following. One such procedure is that of pulling a trailer from a Meijer Dock. Failing to follow the proper procedure can result in property damage, injury or even death. Let's take a moment and review the steps involved.

- ◆ **Back up to the trailer so that the 5th wheel is just ahead of the trailer.**
- ◆ **Get out of the tractor, walk to the back of the trailer, look up underneath between the trailer and the dock to verify that the dock plate has been pulled and the dock door is closed.**
- ◆ **Back up underneath the trailer (AT A MEIJER COMPLEX BE SURE YOU HAVE A GREEN LIGHT FIRST) hook up air lines and do a tug test.**
- ◆ **Get out of the tractor; visually check the 5th wheel for proper lock; handle in locked position, no gaps between the trailer and the 5th wheel plate. Go underneath the trailer and visually check that the jaws are properly locked on the king pin. You may need a flash light to do this.**
- ◆ **Crank up the dolly legs completely.**
- ◆ **Remove the chock from under the trailer tires.**
- ◆ **LOOK UNDER THE TRAILER AGAIN TO VERIFY THAT THE DOCK PLATE IS STILL OUT OF THE TRAILER AND THE DOCK DOOR CLOSED.**
- ◆ **Pull the trailer away from the dock about 3 feet, set the brakes, get out of the tractor, verify that the trailer is empty or loaded as required, and do a thorough pre-trip inspection. If you have paperwork to do, this is the time to do it, after you have moved it from the dock.**

Get in the habit of doing things the right way, the same way, at all customer docks and you will protect everyone involved.

Anniversary Dates:

Name	Date	Yrs
Doug Phipps	7-3	11
Doug Lewis	7-4	2
Randy Love	7-14	1

NTB WELCOMES THE FOLLOWING NEW DRIVERS:

Chuck Alstott—NALT
Steve Besteman—NAGR
Mark Garvey—NAGR
Tim Kreider—NATI
Mark Livermore—NATI
John Mays—NAGR
Michael Meyer—NADC
Duane Miller—NTST
Thomas Tosa—NAGR
Todd Townsend—NAGR

CONGRATULATIONS AND WELCOME TO THE NTB FAMILY!

Riding with Pride Award



This month's Riding with Pride Award goes to outstanding driver **Chris McGee!** Thank you for the positive outlook, professional demeanor, caring attitude and NTB loyalty and dedication.

Way to go **Chris!**

Chris was nominated for this Award by Jason Mayville Driver Relations.

Reefers

Drivers, please remember the season we are in where a reefer unit, that is at a dock door running, can freeze up. Once you get out the gate, it is recommended that you run your manual defrost. This will clear any frost off the unit and allow it to run much more efficiently (saving up to 65% on fuel cost). In particular, coming off a Meijer complex where a dock door may be closed and the reefer doors remain open, we have seen this type of concern in the past. Thanks, Dave



Honoring Graduates, 2008



Graduate: Nicole Taylor graduated from The University of Toledo, May 2008, with a Bachelor's Degree in Drama and Psychology. **Nichole** will continue her education by attending Graduate school in the fall pursuing her Master Degree in Psychology. Nicole is the daughter of NTB employee, **David W. Taylor (Driver)** and his wife **Cheryl**. **Congratulations** to both Nicole and her parents.

New line of business:

Beginning June 24th, we have started hauling for a new customer. We will be moving loads from **Schoeneck Container** to Bloomfield, MO and Sikeston, MO. It is important we watch this customer's **on-time service** and if we counter any problems, please communicate with dispatch immediately.

Timeless Truth



Blessed is the man who perseveres under trial, because when he has stood the test, he will receive the crown of life that God has promised to those who love him. James 1:12

Caterpillar's Top Five Tips to Improve Economy

5. COAST IN GEAR WHENEVER POSSIBLE

and for as long as possible using the vehicle's momentum and coasting ability. While coasting in gear, the engine consumes no fuel. A driver can take advantage of this "free mileage" by backing out of the throttle earlier when approaching exit ramps or slower speed limits. Backing out of the throttle at just the right time allows the vehicle to slow down to the proper speed while using a limited amount of braking.

4. PROGRESSIVE SHIFTING

keeps the engine rpm as low as possible using only enough rpm to get into the next highest gear and still pull that gear. Since the horse-

power demand increases with the road speed, it requires the driver to use a little more rpm to upshift into the higher gears. You may be able to upshift at around 1,200 to 1,400 rpm while in the high side of the transmission. Heavier loads may require a little more rpm to get into the next gear.

3. STAY IN HIGH GEAR AS LONG AS POSSIBLE

and only downshift when necessary. If you can get over the hill without falling below 1,200 or 1,100 rpm and not downshift, take advantage of it. Less rpm used to get over the hill means less fuel used. Let the engine torque do all the work.

2. LIMIT IDLE TIME to those occasions where it's a necessity. The trick is to concentrate on eliminating the unnecessary idle time. A good rule of thumb to keep in mind is anytime you think you will be parked and away from the truck for more than five minutes, shut the engine off.

1. SLOWING DOWN is the single most effective thing a driver can do to improve fuel mileage. Driving a little slower is also safer, extends tire life, and minimizes the wear and tear on the truck, trailer, and driver. Unfortunately, slowing down is also the last thing most drivers want to do.

GARAGE SALE



Youth Yard Sale—Fundraiser: Proceeds for care packages going to the Battle Creek VA Hospital residents

DATE: July 12th (Saturday) 9am—5pm

PLACE: Holt Assembly of GOD, 4973 Holt Rd., Delhi Twp, 48842
Clothes, misc., household, Avon, crafts, home & Garden party.

Questions? Talk to Jessica Franks—NALT.

In Memory

NTB's 19 year veteran GR city driver, Walter Van Rees' wife (Patricia Van Rees), passed away Saturday, June 28, 2008, after a lengthy battle with cancer. Funeral services were held on Tuesday, July 1, 2008 at Ada Bible Church, Cascade, MI. Please keep Walt and his family in your thoughts and prayers during this difficult time.

If you would like to send the Van Rees family a card, you may send it to Cheryl in Grand Rapids (which will be forwarded to Walt).